

# 100%RAW Powerlifting Canada

## BC PROVINCIAL RECORDS

### MILITARY PRESS and STRICT CURL

Updated 2025Aug19

|                             |                            |                         |
|-----------------------------|----------------------------|-------------------------|
| <u>Female 44 kg CLASS</u>   | <u>MILITARY PRESS (kg)</u> | <u>STRICT CURL (kg)</u> |
| <u>Female 48 kg CLASS</u>   | <u>MILITARY PRESS (kg)</u> | <u>STRICT CURL (kg)</u> |
| <u>Female 52 kg CLASS</u>   | <u>MILITARY PRESS (kg)</u> | <u>STRICT CURL (kg)</u> |
| <u>Female 56 kg CLASS</u>   | <u>MILITARY PRESS (kg)</u> | <u>STRICT CURL (kg)</u> |
| <u>Female 60 kg CLASS</u>   | <u>MILITARY PRESS (kg)</u> | <u>STRICT CURL (kg)</u> |
| <u>Female 67.5 kg CLASS</u> | <u>MILITARY PRESS (kg)</u> | <u>STRICT CURL (kg)</u> |
| <u>Female 75 kg CLASS</u>   | <u>MILITARY PRESS (kg)</u> | <u>STRICT CURL (kg)</u> |
| <u>Female 82.5 kg CLASS</u> | <u>MILITARY PRESS (kg)</u> | <u>STRICT CURL (kg)</u> |
| <u>Female 90 kg CLASS</u>   | <u>MILITARY PRESS (kg)</u> | <u>STRICT CURL (kg)</u> |
| <u>Female 90+ kg CLASS</u>  | <u>MILITARY PRESS (kg)</u> | <u>STRICT CURL (kg)</u> |
| <u>Male 48 kg CLASS</u>     | <u>MILITARY PRESS (kg)</u> | <u>STRICT CURL (kg)</u> |
| <u>Male 52 kg CLASS</u>     | <u>MILITARY PRESS (kg)</u> | <u>STRICT CURL (kg)</u> |
| <u>Male 56 kg CLASS</u>     | <u>MILITARY PRESS (kg)</u> | <u>STRICT CURL (kg)</u> |
| <u>Male 60 kg CLASS</u>     | <u>MILITARY PRESS (kg)</u> | <u>STRICT CURL (kg)</u> |
| OPEN                        | 42.5                       | Luca Anastasio - BC'25  |
| 14-15                       | 42.5                       | Luca Anastasio - BC'25  |
| <u>Male 67.5 kg CLASS</u>   | <u>MILITARY PRESS (kg)</u> | <u>STRICT CURL (kg)</u> |

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| <u>Male 75 kg CLASS</u> | <u>MILITARY PRESS (kg)</u> | <u>STRICT CURL (kg)</u> |
|-------------------------|----------------------------|-------------------------|

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|---------------------------|-----------------------------------|-----------------------------------|
| <u>Male 82.5 kg CLASS</u> | <u>MILITARY PRESS (kg)</u>        | <u>STRICT CURL (kg)</u>           |
| OPEN                      | 52.5 Angelo Anastasio Sr. - BC'25 | 52.5 Angelo Anastasio Sr. - BC'25 |
| 60-64                     | 52.5 Angelo Anastasio Sr. - BC'25 | 52.5 Angelo Anastasio Sr. - BC'25 |
| Law/Fire/Mil              | 52.5 Angelo Anastasio Sr. - BC'25 | 52.5 Angelo Anastasio Sr. - BC'25 |

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|-------------------------|----------------------------|-------------------------|
| <u>Male 90 kg CLASS</u> | <u>MILITARY PRESS (kg)</u> | <u>STRICT CURL (kg)</u> |
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| <u>Male 100 kg CLASS</u> | <u>MILITARY PRESS (kg)</u> | <u>STRICT CURL (kg)</u> |
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| <u>Male 110 kg CLASS</u> | <u>MILITARY PRESS (kg)</u> | <u>STRICT CURL (kg)</u> |
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| <u>Male 125 kg CLASS</u> | <u>MILITARY PRESS (kg)</u> | <u>STRICT CURL (kg)</u> |
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| <u>Male 140 kg CLASS</u> | <u>MILITARY PRESS (kg)</u> | <u>STRICT CURL (kg)</u> |
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| <u>Male SHW CLASS</u> | <u>MILITARY PRESS (kg)</u> | <u>STRICT CURL (kg)</u> |
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